



Anger ANT

Cant ANT

Embarrassed ANT



**Life is full of ANTS**

Automatic Negative Thoughts



We teach your kids the tools to Smash them!



# KID EMPOWERMENT

More Confidence Better Grades Happier Kids!

## Smashing ANTs

Automatic Negative Thoughts

Through a variety of enlightening activities, students learn how to recognize self-limiting thoughts...how to guard against them...and even how to smash them, all in a fun-filled way, so they will barely realize they are learning empowering life skills. Best of all, there's even an animated cartoon video starring Andy the ANTeater, who connects and resonates with students, making it even easier to learn each lesson! It's a great way to help kids be more happier and successful!

A parent volunteer for this class is needed. Your child will receive a **50%** discount on tuition.

**Grades 1- 5**

## All Kids Benefit

- High Achievers with Perfectionist Anxiety
- Kids who Struggle with Academics
- Capable Kids Thwarted By Fears
- Kids who have Difficulties Fitting In
- Natural Leaders Afraid of Failure
- Every kid whose parents value personal success and high self-esteem!

**Triadelphia Ridge ES**

Fridays 2/3 - 3/23 (no class 2/17) 3:30 - 4:30 pm \$125

**To register:**

Please **pay securely by credit card** by going to [www.SmashingANTs.com](http://www.SmashingANTs.com)

**Or mail** the Registration Form and check to Building Futures, LLC P.O. Box 2162 Ellicott City, MD 21041

(Keep Top Portion FYI - Return Bottom Portion with Registration Fee)

### Kid Empowerment After School Registration Form

SCHOOL \_\_\_\_\_ GRADE&TEACHER \_\_\_\_\_

STUDENT \_\_\_\_\_ GENDER \_\_\_\_\_

ALLERGIES/MEDICAL CONDITIONS: \_\_\_\_\_

PARENTS/GUARDIANS: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

HOME PHONE \_\_\_\_\_ CELL \_\_\_\_\_ EMERGENCY \_\_\_\_\_

E-mail \_\_\_\_\_

MY CHILD WILL BE PICKED UP BY: \_\_\_\_\_ OR WILL ATTEND AFTERCARE \_\_\_\_\_

CHECK # \_\_\_\_\_

*Please make check payable to Amazing Futures Foundation*

I waive any right to claim against Building Futures LLC, owner, teacher, my child's school, and PTA in the event of an accident, injury or loss of personal items. I agree that any photographs or video taken of me and/or my child or testimonial given may be used for promotional, educational and/or publicity without any compensation or prior approval. Session refund is only available with 1 week advanced notice before the session begins. I understand it is my responsibility to pick up my child from the designated area at the designated end time unless other arrangements have been made.

Signature of Parent or Guardian \_\_\_\_\_

Date \_\_\_\_\_

